

CONTACT DETAILS

After-Hours Clinic: 021 91 911 91

Bellville:

1 Kontiki Road
Glen Ive
021 91 911 91

Durbanville:

16 Plein Street
021 976 3015

Sonstraal:

10 Verdi Boulevard
Sonstraal Heights
021 975 1870

Kenridge:

78 De Bron Avenue
021 914 0886

Goodwood:

107 Vasco Boulevard
021 591 2571

Parow:

20 Frans Conradie Dr
021 939 7102

*Visit any one of our six branches.
Make use of our after-hours emergency facilities
at 1 Kontiki Road, Bellville or visit our website at
www.tah.co.za*



TAKING CARE OF
SENIOR
CATS & DOGS

SMALL CHANGES TO TAKE CARE OF YOUR SENIOR PET

Dogs and cats are usually considered seniors when they reach 7 years of age. They slow down physically just like humans do. Although the aging process is different for each animal, certain changes are common in most cats and dogs as they age. Problems related to age usually cannot be cured, but many can be managed successfully if detected early.

Change #1: Diet

Just like people, when animals reach a certain age we need to start watching what and how much they eat. Your vet will be able to advise you on the correct nutrition as well as portions.

Change #2: Bi-Yearly Vet Exam

Every 6 months your senior pet should have their check-up. Regular blood testing can help identify diseases in their earliest and most treatable stages.

Change #3: Exercise (physically and mentally)

Exercise such as swimming or walking is ideal for old dogs. Joint movement will reduce stiffness and pain. Exercising your pet's mind is just as important as exercising his body.

Change #4: Comfort

As your pets gets older the less comfortable they become. A comfortable bed made from foam would be a great help for their aching bones and joints. Ask our receptionists for advice on the correct bedding for your furry friend.

Change #5: Toilet Time

Trips to the loo for your pensioner pet will increase as they get older. Think about installing a doggie door so that they can pop out when the urge arises.

Change #6: Pain Awareness

Your senior pet will experience more pain as the years pass. This will become noticeable when they show signs of becoming slow, stiff and uninterested in games. Never give your animal human pain killers, rather consult your vet for the correct medicine.

HOW OLD IS YOUR PET?

Use this table to determine your dog or cat's age:

■ Adult ■ Senior ■ Geriatric

Age	Dog Years				Cat Years
	0 - 10kg	10 - 25kg	25 - 40kg	> 40kg	
1	7	7	8	9	7
2	13	14	16	18	13
3	20	21	24	26	20
4	26	27	31	34	26
5	35	34	38	41	33
6	40	42	45	49	40
7	44	47	50	56	44
8	48	51	55	64	48
9	52	56	61	71	52
10	56	60	66	78	56
11	60	65	72	86	60
12	64	69	77	93	64
13	68	74	82	101	68
14	72	78	88	108	72
15	76	83	93	115	76
16	80	87	99	123	80
17	84	92	104	131	84
18	88	96	115	139	88
19	92	101	120		92
20	96	105	126		96
21	100	109	130		100
22	104	113			104
23	108	117			108
24	112	120			112
25	116	124			116