

Pet Nutrition

Good nutrition is just as important for your pets as it is for the rest of your family. It provides an overall boost to the immune system and improved health over the long term, with less stress on the pet's organs.

With so many brands and types of pet food available, it can be difficult to know what brand to buy. Super-premium diets have been shown to increase a pet's lifespan and quality of life. TAH vets can advise you on the best food for your pet - food by Hill's, Royal Canin, and Ultra Pet are recommended by our veterinarians.

Ingredients That are Good for Your Pet

A balanced diet includes a carefully calculated combination of high-quality ingredients and the perfect ratio of proteins, carbohydrates, fats, minerals and vitamins.

Similar to humans, pets will benefit from a balanced and healthy diet with a high nutritional value that meets their dietary requirements. The correct nutrients will give your pet energy and keep him or her healthy.



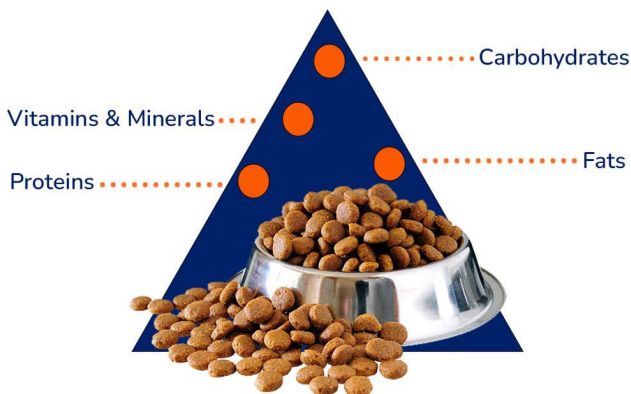


Ask Your Vet for Dietary Advice

To ensure your pet is eating the correct diet, ask your vet for advice on what food to purchase and the correct portion to feed your pet. They can also provide you with a nutritional plan to help track, manage and maintain your pet's weight.

The Benefits of Nutrients

It is important to maintain the correct level of physical activity and not overfeed, to reduce the risk of unnecessary and unhealthy weight gain.



Feeding Your Pet High-Quality Food

The quality of the food you feed has a direct impact on your pet's health. Quality is the key word: Quality of the process as well as the quality of the ingredients. The old saying, "You are what you eat" applies to our pets in the same way it does to us. Better quality food made with better quality ingredients contributes to an improved quality of life. The correct diet can contribute towards an overall improvement in your pet's health, including:

- Healthier skin and less allergic reactions.
- Fewer ear infections.
- Improved gut health.

- Less frequent episodes of diarrhoea and stomach cramps.
- Healthy muscles and joints.
- Stronger immune system.
- Better organ function.

What qualifies Pet Food as High-Quality?

High-quality food is more than just high-quality ingredients. Scientific evidence supporting these diets, and the research conducted before formulation and development of these food, are extremely important. The brands that take the research into account are consistent, reliable, and safe.

It is also important to be aware of the quality of protein included in your pet's diet. There is a difference between digestible protein and crude protein. Lower quality diets will add crude protein to falsely increase protein levels in the diet, but these proteins hold minimal nutritional value to your pet and comes from ingredients such as beaks, feathers, and hooves of animals.

Similar to human fast-food chains, some commercial diets add sugar and artificial flavourings to make the food more palatable. Just because the takeaway burger and chips taste delicious, it does not imply that it is good for you. With higher quality diets, the flavour comes from the natural ingredients used and allows for less artificial colourants and flavourings. These diets are also readily digestible, and nutrients can be effectively absorbed instead of just passing through the digestive system.

There is no one type or brand of food that is best for all pets. Each pet's unique needs must be considered in the selection of the type of food to provide. That is why it is important to talk with our veterinarians about what diet would suit your pet's needs best.



Is It Worth the Expense?

Balanced nutrition does not happen by accident. Premium pet food manufacturers work hard to determine the exact formula that goes into their products so that they can provide everything your pet needs on a daily basis. Each and every nutrient in their design has a specific need and purpose.

Our recommendation is for pet owners to equip themselves with the knowledge of what they are feeding their pet and the quality of the ingredients it consists of. Based on this information, the owner should buy the best possible food for their pets whilst accommodating the owner's budget.

Human Foods Pets Should Avoid

- Anything containing Xylitol or artificial sweeteners.
- Chocolate.
- Coffee and caffeine.
- Alcohol.
- Onions and garlic.
- Raw or undercooked meat, eggs, and bones.
- Grapes and raisins.
- Salt and salty snack foods.
- Nuts.
- Avocado.
- Milk and dairy.
- Yeast dough.

